



JOIN US FOR OUR FIRST

FAMILY

MENTAL

HEALTH



NIGHT

JOIN THE MENTAL HEALTH TEAM TO MAKE YOUR FAMILY'S VERY OWN BACK TO SCHOOL COPING TOOLBOX! LEARN ABOUT DIFFERENT STRATEGIES TO HELP YOUR CHILD CALM DOWN FROM BIG FEELINGS AND GET THE CONVERSATION REGARDING EMOTIONS STARTED!

**OCTOBER
12TH**

5:30-6:30PM

JEFFREY CLARK SCHOOL

PLEASE REGISTER FOLLOWING THE
LINK IN THIS EMAIL AS SPACE IS
LIMITED TO THE FIRST 100
FAMILIES

QUESTIONS? CONTACT EMERY BROWN - BROWNE@EASTGREENWICH.K12.NJ.US